## DEPARTMENT OF PUBLIC HEALTH

"Caring for ALL Asimals"

**COUNTY OF SAN BERNARDINO** 

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## FOR IMMEDIATE RELEASE "Heat Safety Tips for Pet Owners"

The San Bernardino County Animal Care & Control Program would like to remind pet owners to be extra watchful of pets when temperatures rise this summer. Pets are vulnerable to high temperatures, especially during a heat wave, and are unable to cool down their bodies as humans can. Animals left outside in high heat temperatures can suffer from heat-related stress, burned paws, sunburn, and even death. Pet owners are advised to follow these simple hot weather tips to keep their pets healthy, safe, and alive.

- Make sure pets have plenty of fresh clean water every day, and that the water container is stable to avoid tipping over. If traveling or leaving the home with a pet, always carry sufficient drinking water for it.
- Bring pets inside during the hot time of the day and let them rest in a cool part of the house.
- Make certain pets have plenty of shade if they are to be kept outside. Remember, the shade
  your pets have in the morning will either change or diminish as the sun moves throughout the
  day and may not protect them.
- Never leave pets in a parked vehicle, even in the shade with windows cracked, temperatures
  can reach a dangerous 120 degrees inside. The vehicle is quickly turned into a furnace and can
  kill any animal!
- Don't force animals to exercise when it is hot and humid. Exercise pets early in the morning or late in the evening.
- In extremely hot weather, do not let pets stand on sidewalks or hot asphalt to avoid burning their paws.

• Pets can get sunburn too! Keep pets out of the sun during peak hours between 10 a.m. and 4 p.m. Put sunscreen on pet's unprotected areas such as tips of noses and ear tips, especially on short haired fair-colored pets.

Remember pets can suffer heat-related stress and danger just as humans can, so take extra precautions during this summer's rising temperatures and protect them. For additional information, please call the Animal Care and Control Program toll free at 1-800-472-5609.

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